

LEARN TO PLAY

"Forty-Niner Softball"

Our camps are staffed by Long Beach State Softball coaches and players. We pride ourselves in playing the game the right way, the "forty-niner" way.

It is this philosophy and tradition that has led Long Beach State to be one of the top college softball programs in the country."

49er Coaching Staff



Kim Sowder, Head Coach - 14th year overall. Kim took the helm on August 18, 2006 after long time Head Coach Pete Manarino's retirement. During her tenure the 49ers have compiled a .626 overall winning percentage, six conference championships, and have made ten NCAA appearances. Kim was a 1998 inductee into the

Long Beach State Athletics Hall of Fame, and a former All-American shortstop.



Stephanie Swenson, Assistant Coach - 7th year. Swenson was a standout pitcher at UCLA under former Bruin coach Sue Enquist. Swenson was an honorable mention All-Pac 10 in 2000. She posted a 10-1 record with five shutouts and three one-hitters. Swenson finished the 2000 campaign with a 0.81 ERA in 77.2 innings

pitched. After her playing days, Swenson helped out the Bruin coaching staff with recruiting.



Tairia Flowers, Assistant Coach - 3rd year. A four-year letterwinner at UCLA, three-year Women's College World Series participant and two time All American. Flowers has been a member of the USA National Team since 2001 and took home a gold medal in the 2004 Olympic Games and a silver medal in the 2008 Olympic

Games. She also won gold medals at the 2003 Pan Am games, the 2002 and 2006 World Championships and the 2001 U.S. Cup. In 2005, she was the assistant coach at UC Riverside.

Ralph Levy, Volunteer Assistant - 20th year.

Ralph brings a wealth of knowledge to Long Beach State as he starts his 18th year as volunteer assistant. Levy's duties include assisting Head Coach Kim Sowder with game preparation and management. Levy's association with the Long Beach State softball program began in 1984 under longtime former Head Coach Pete Manarino. Levy was Manarino's good friend and classmate at Pius X High School in Downey (Class of 1971).



Long Beach State Softball
1250 Bellflower Blvd. - PA
Long Beach, CA 90840

«First» «Last»
«Address»
«City_St_Zip»

Long Beach State
SOFTBALL



Long Beach State
Softball Camp

July 13th – July 16th, 2009
or
July 27th – July 30th,
2009

Visit our web site at www.longbeachstate.com
or call (562) 985-1506 for more information.
E-mail: longbeachstatesoftball@gmail.com

LBSU SOFTBALL HISTORY

- 2008 Big West Champions
- NFPCA West Region Staff of the Year 2005



- 5 College World Series Appearances
- 18 NCAA Regional Appearances
- 5 Regional Titles
- 6 Conference Titles

SOFTBALL CAMP

The Long Beach State Softball Camps offer a low coach to camper ratio. We emphasize fundamentals in throwing, hitting, bunting, field mechanics, outfield play, base-running, and pitching. Afternoon scrimmages help each participant develop new skills and elevate their level of play. Optional afternoon swim time. The camp staff prides itself in hands-on instruction and making the Long Beach State Softball

Camp an enjoyable and rewarding experience.

SOFTBALL CAMP INFORMATION

- ❖ **Who:** Girls, ages 7 to 14
- ❖ **Where:** Long Beach State Softball Complex
- ❖ **When:** July 13th – July 16th, 2009
July 27th – July 30th, 2009
- ❖ **Time:** 9:00 a.m. to 3:00 p.m.
- ❖ **Fee:** \$185.00
- ❖ **Includes:** Camp T-Shirt
- ❖ **Required Equipment:** Each camper must bring his or her own bat, glove, helmet, cleats, pants, and lunch.
- ❖ **Registration:** Complete the attached registration form and mail in with payment. Final registration will be the first day of each camp, provided space is available. Registration will begin at 8:30 a.m. All cancellations are subject to a \$50.00 processing fee prior to camp date.
- ❖ **Insurance:** Each camper attending the Long Beach State Softball Camp must be covered by his or her parents' insurance. Signature of parent is required and will serve as a medical release. Any and all medical expenses resulting from injury or illness will be the responsibility of the camper's private insurance company.

- ❖ **Athletic Trainer:** An athletic trainer will be provided during camp. In the event of an emergency the EMS will be called.

Please check the camp(s) you would like to attend.

- Session 1 - July 13th through July 16th, 2009
- Session 2 - July 27th through July 30th, 2009

Camper's Name _____ Age _____

Position(s) Played _____ League Affiliation _____

Parent's Name _____

Address _____

City, St, Zip _____

Home # _____ Cell # _____

T-shirt Size – Please Circle One:
Youth S M L Adult S M

Allergies, please list _____

Emergency Contact Name _____ # _____

I hereby authorize the staff of Long Beach State to act on my behalf according to their best judgment in the event of any emergency requiring medical attention. I hereby waive and release the University Camp from any and all liability for any injury or illnesses occurring while my child is attending camp. I have no knowledge of any physical impairment that would be affected by the above named camper's participation in the Long Beach State Softball Camp as outlined in the brochure.

Parent or Guardian Signature _____ Date _____

Make Checks payable to:
Kim Sowder Softball Academy
Total payment enclosed \$ _____

Please mail completed registration form to:
Long Beach State Softball
1250 Bellflower Blvd - PA
Long Beach, CA 90840